

# **SAVE THE DATE**

19 & 20 of February 2022

## **TEACHER'S TRAINING** **Dance and Parkinson's Disease**

You are a dance teacher, trained dancer, movement practitioner and you would like to train your teaching skills in order to bring dance in the life of people with Parkinson Disease and their caregivers / family members?



**Join our workshop to get informed and inspired!**

Our workshop will provide information about Parkinson Disease itself and the benefits people can have from dance practice through the specially-designed training modules, demo class and interactive sessions. We will discover the different aspects of dance that are useful and fruitful for a specific audience such as people living with Parkinson's.

**Venue:** Lucas Munichstraat 84 - 9000 GHENT

**Date and time:** Saturday 19 and Sunday 20 February -- 9h30 to 17h on both days

**Language:** english

**Tuition 2-days:** 125 €

For registration or more information, send an email to Maïté Guérin:  
[maite@fityourmind.be](mailto:maite@fityourmind.be)

More informations with a detailed schedule will follow in due time.



The workshop will be held by Maïté Guérin, in collaboration with Dance for PD and Building Well Being VZW.

Maïté is founder, coordinator and dance teacher at Kinésiphilia, the Belgium program Dance and Parkinson's organised by FIT YOUR MIND association, directed by Doctor Olivier Bouquiaux, neurologist.

[Click here](#) to watch the TEDx talk by Maïté Guérin and Nicole Pol

